

# 2023-2024 Klein Swimming Try-outs

**Must have Completed KISD Physical on file with KHS Trainers**

**May 19th @ 4:30pm**

**Warm-up and Sign In @ 4:30pm**

**May 19th – 200 Free, 100 Fly, 50 Fr, 100 Back,  
200 IM, 100 Free, 100 Breast**

**Swimmers must swim all 7 events to make the team.**

**There are Two ways in which to qualify for Varsity**

- 1. Top 8 at Varsity District, Individual or Relay**
- 2. NISCA Powerpoint total of all 7 events swam**
  - a. Each final time will be award points based on the NISCA powerpoint system.**

**Top 12 totals will make Varsity for Boys and Girls**

**7<sup>th</sup> period will be the next 16 Girls and Boys.**

**6<sup>th</sup> period the next 16 Girls and Boys.**

**Swimmers will swim the following events in order**

**200 Free, 100 Fly, 50 Free, 100 Back, 200 IM, 100 Free, 100 Breast**

**[www.kleinswimming.org](http://www.kleinswimming.org)**

**Please scan QR code to register for Try-outs**

